

# **ISLAND OF SERENITY: SRI LANKA**

**Join the SAA and Asian Art Museum's Malavalli Family  
Foundation Associate Curator, Art of the Indian Subcontinent**

**Dr Padma Dorje Maitland**

**And Dr Osmund Boppearachchi**

**Former visiting professor at the University of California, Berkeley  
and the Université Paris-Sorbonne**

**JAN 18, 2025 – FEB 3, 2025**

## **TOUR HIGHLIGHTS**

**RESERVE VIA [LINK TO ONLINE RESERVATION FORM](#)**



Ruwanwelisaya Stupa, 140 BCE, Anuradhapura

Five centuries before Christ, Sri Lanka was a country with a well ordered and sophisticated civilization. Accompanied by our esteemed scholars Padma Maitland and Osmund Boppearachchi, travel through this paradise of glistening white pagodas and the remains of some of the most refined Buddhist art and architecture in the world. Buddhism came to Sri Lanka from India in the 3rd century BCE sharing rich traditions in architecture, writing and arts among others. In the ensuing years Sri Lanka's own distinctive style spread beyond the island. Its strategic location ensured that its trading partners came from all four corners of the globe and this mingling with its traders from countries as far and diverse as Arabia and Greece brought an unparalleled richness to the development of Sri Lankan arts. Later years it had important ties with the Portuguese, Dutch and British and the influences with these countries will be clearly

visible as we journey through the interior mountainous landscape dominated by the brilliant green of rounded tea bushes.

## **COLOMBO – 3 NIGHTS**

### ***Taj Samudra (ocean) - Deluxe room***

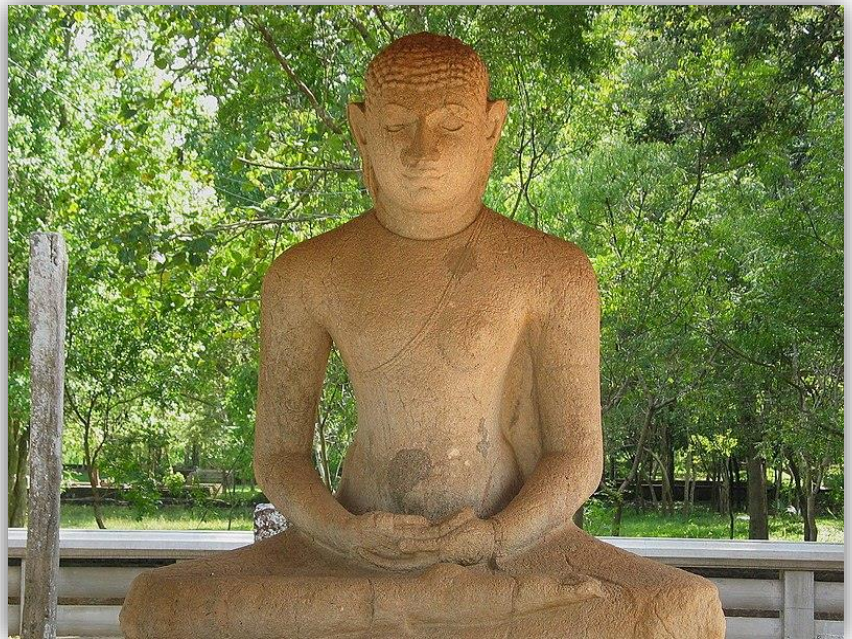
- \* Guided tour of the National Museum
- \* Stroll through Colombo -Diverse metropolis of architectural, religious and colonial trappings of the recent past
- \* The former Dutch Governor's Mansion and Museum, Jami Ul-Alfar Mosque, Wolvendaal church
- \* The Museum of Modern & Contemporary Art – a guided tour

## **ANURADHAPURA – 3 NIGHTS**

### ***ULAGALLA RESORT - BOUTIQUE HOTEL***

The earliest capital from  
500 BCE – 500 CE

- \* Explore the ancient archeological sites, parks, monasteries, water ways and the tallest stupa at the time.
- \* Visit the Temple of the Sacred Bodhi Tree
- \* Ancient wonder of a collection of manmade reservoirs and the hydro engineering plans since 3 BCE still in use.



**SAMADHI (INTENSE STATE OF DEEP MEDITATION) BUDDHA  
MAHAMEVNAWA PARK, ANURADHAPURA**



## **POLONNARUWA/DAMBULLA 3 NIGHTS**

### ***HERITANCE KANDALAMA SUPERIOR ROOMS***

- \* Visit the ancient second capital of Polonnaruwa 1140 CE
- \* Archeologically important regions of royal palaces and religious sites
- \* Dambulla Caves
- \* Sigiriya Lion Rock - a marvel in landscaping, fountains and garden layout

Sigiriya Rock Palace, 5 CE.

## **KANDY – 2 NIGHTS**

### ***JETWING HOTEL KANDY – LUXURY ROOM***

- \* Visit the last royal palace temple before it fell to the British - Temple of the Tooth - morning ritual pooja
- \* Wander through the Botanical Gardens – a royal garden since 1371. Enjoy a picnic lunch
- \* Enjoy a Batik textile workshop - all women - started by a pioneer, Ena De Silva using traditional decorative material and arts.



Sri Dalada Maligawa -  
Temple of the Tooth, Kandy



Tissa wewa  
manmade lake  
3<sup>rd</sup> century BCE  
– to current use

One of multiple  
networks of  
water  
reservoirs  
intricately set  
with overflow  
canals.

**NUWARA ELIYA – 2 NIGHTS**  
***GRAND HOTEL – DELUXE ROOM***

- \* Enjoy a scenic train ride through the mountains – the World of Tea
- \* Guided tour of a tea plantation and preparation of world-famous Ceylon Tea
- \* Visit the Sita Amman Hindu Temple – associated with the Ramayana - legendary jump of Hanuman to Lanka



Train rides to mountains and Tea Estates,

## **GALLE – 2 NIGHTS**

### ***JETWING LIGHTHOUSE - LUXURY ROOM***

Southern coast of the island -

- \* Galle Fort walk with a guide; coastal city rich with a natural harbor and associated for millenniums with trade of spices and gems. Fortified city built by Portuguese and the Dutch.
- \* Dutch Reformed Church – Much Dutch history is reflected in the church tombstones since 1662.
- \* Mask making workshop – Make your own. Using traditional techniques with recycled paper, cinnamon, clay and more. Learn how masks were used in ancient rituals and entertainment.



Meeran Mosque,  
1904, built to the  
style of Portuguese  
Baroque cathedral,  
- Galle

## **BENTOTA – 1 NIGHT**

### ***BENTOTA BEACH HOTEL – PREMIUM TERRACE***

- \* Visit Lunuganga (Salt River) –Owned and run by Geoffrey Bawa Trust the pioneer of Modern Sri Lankan architecture and landscaping, formerly a cinnamon & rubber plantation
- \* Farewell Dinner at Lunuganga ocean bay-front Estate

## **RESERVATION FORM**

**APPLICANTS WILL BE SELECTED ON A FIRST COME FIRST SERVED BASIS UP TO A MAXIMUM OF 20 PARTICIPANTS**



**COPY THE LINK BELOW FOR THE RESERVATION FORM**

<https://forms.office.com/r/z3mN79s69w>

**Direct inquiries regarding the Reservation Form to:**

**(leave 24 hr. response time due to time difference)**



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